

Wood River Senior Center Menu

Call (308) 583-2414 at least 1 day prior to reserve your meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breaded Pork Cutlet, Roast Potatoes, Peaches, Rolls	2 Spaghetti w/ Turkey Meat Sauce, Garden Salad, Pears, Garlic Bread	3 Tuna Salad, Roll, Carrots, Ft. Cocktail
6 BBQ Pork Rib on Bun, Baked Beans, Cantaloupe, Brookies	7 Homemade Mac n Cheese, Sliced Ham, Peas, Fruit Cocktail	8 Asian Chicken & Green Beans, Pineapple, Rice	9 Roast Beef, Au Gratin Potatoes, Rolls, Pears,	10 Seafood Platter, Tater tots, Hushpuppies, Peaches Jello
13 Country Fried Steak, Mash Potatoes, Corn, Rolls, Peach Cobbler	14 Pork Chops, Sweet Potatoes, Pears, CornBread	15 Blackened Baked Tilapia, BLT Pasta salad, Broccoli, Pineapple	16 Chicken and Biscuit Dumplings, Carrots, Cinnamon Baked Apples	17 Cheesy Veggie Enchilada Baked Shells, Green Beans, Grapes
20 Breakfast Burritos, Tater tots, Orange Slices	21 Oven Fried Chicken, Mash Potatoes, Gravy Rolls, Pears	22 Pulled Pork, Buns, Baked Beans, Ft. Cocktail	23 Shepherd's Pie, Green Beans, Peaches, Rolls	24 Tilapia Fish Tacos w/ Slaw Tortillas, Grilled Veggies, Cantaloupe
27 Salisbury Steak, Mash potatoes, gravy, Carrots, Rolls	27 Sausage Pizza on flatbread Garden Salad, Apple Slices,	29 Chicken Bruschetta Pasta, Cauliflower, Pears,	30 Ham Club on wheat, Lettuce/Tomato, Potato Salad, Honey Dew	31 Cod Fish Sandwich, Coleslaw, Corn,